



# The Unigram

April 24, 2006

Newsletter of the Unitarian Universalist Fellowship of Columbia, SC

April 30

## Honoring Your Anger Neal Jones

Because of bad experiences in our past, anger is problematic for many of us (myself included). How are you "supposed" to feel it, express it, live with it? We know all too well how anger can be hurtful and destructive, but how can it be healthy, constructive, even redemptive?

Forum: A Better Response To 911?

May 7

## Beltane Celebration and May Faire

Invite your friends to keep this ancient rite of spring with us on Sunday, May 7. This annual celebration begins with a brief service in the sanctuary, followed by the May Faire outdoors and in the Social Hall. Make a flower wreath to wear, enjoy musical entertainment, shop at vendors' booths, or delve into divination. There will be lots of food and, of course, the May Pole dance.

Forum: Under Funding of Children

## Sunday Schedule

**Forum:** 9:30 in the Library

**Worship:** 11:00 – 12:15 followed by a Coffee Hour in the Social Hall

**Nursery:** During service for infants–age 3

**Children:** Children attend the beginning of the service with adults and are then dismissed to Religious Education classes or activities on April 30. The service on May 7 is intergenerational.

## SPRING FLINGS HAVE BEGUN



Have you registered for any Spring Flings yet? The next event, "Morning Bakery" will take place this Saturday, April 29 at the UUFC. Don't miss these upcoming "Celebration of Fungi" or "Oldies Pizza Party" on May 5; "Waffles on the Porch" May 7; "Spa Day" May 13; and "Historic Home Tour" May 14. See the full calendar of events in the Social Hall and sign up today by e-mail to **Barbara** and **Mike Allen** at [celestia@sc.rr.com](mailto:celestia@sc.rr.com) Unpaid reservations will be held for one week; to guarantee your reservation, mail a check payable to UUFC with Spring Fling on the memo line.

## COMMUNITY CHALICE

Bf Welcome new member, **Vicki Vance!** Vicki teaches biology at USC and has been visiting UUFC for some time. She was moved to become a member after hearing **Rev. Dr. Doug Reisner's** sermon "Conceptions and Misconceptions About Unitarian Universalism" on April 9.

Bf Our thoughts and well wishes are with **Anthony Houser**, who is hospitalized at Palmetto Baptist.

Bf **Laurel Sutton** received a transplant of stem cells from her sister, **Kate**, on April 20. She will be hospitalized and be receiving outpatient care for several months in North Carolina, away from her family and community. Laurel can receive phone calls now at 919-xxx-xxxx. You can also checkout her blog at redtoenail.org for updates on her progress and to send her your greetings.

## ANNOUNCEMENTS

### Canvas & String Shopping Bags Available

The UU Youth Social Action Project involves selling (at cost) these alternatives to plastic shopping bags and thereby hopefully reducing our dependence on oil AND stopping pollution that also endangers animals.



If you have bought canvas & string bags, please help the youth to assess their progress by keeping the wallet size log of approximately how many plastic bags you saved from now to July 9. This also serves to help you adopt new habits (our 2nd goal, after raising awareness).

Buy your bags - \$5 each for canvas or 6 for \$25 and \$6 for string bag (easy to pop in your pocket or purse & have with you always in shopping malls etc.) And be sure to pick up your tracker card.

The youth will be ordering more string bags and canvas. If you want some & have not ordered any, please call **Susan Carlton** @ xxx-xxxx by Friday, 4/28.

Canvas bags are at the church for the following people. Please plan to pick them up after the service next Sunday or contact **Susan Carlton** to cancel the order or arrange to get them. **Kim Field, Becky Dickey, Jessica Knight, Sonya Jones, Jerry Cover, Joan Waterson, Larry/Nova Witkowski, Stephanie Fisher, and Judy Turnipseed.**

### Canvass Report

Please get your pledge cards turned in as soon as practical. You can put them in the collection plate on Sunday, give it to **Peter Kandis** in the social hall after the service, or mail it in (UUFC 2701 Heyward St. 29205-2523).

On average, the folks who have turned in their pledge cards have increased their pledge by over 25%!

Please do your part for our beloved community and thank you for all you do.

### Board Bulletin

The Board of Trustees met April 12 to receive the Executive Summary of the Long-Range Plan. They met again April 18 to discuss the first draft of next year's budget. They also approved Grievance Procedures and a plan for Disciplinary Action to be added to the Employee Handbook.

### Nominating Committee Request

The Nominating Committee is in the process of creating a slate of officers for the UUFC Board of Trustees. If you are interested in serving the Fellowship in that capacity, the committee is asking that you complete a 3-item questionnaire. These questionnaires will be available in room 1 or from **Janet Swigler**. Your response may be returned to Janet by hand, email, or mail (addresses are in our directory). The deadline will be May 7.

## Another Word About Worship

The Worship Committee is fully responsible for all Sunday services when a minister's not in the pulpit, as well as arranging the scheduling overall, making sure the supplies are available, and so forth. It's a fun, functioning committee, but we need both more people and new people. The kind and level of your involvement can be consistent with your own comfort level and interests. We hold meetings to the minimum necessary to accomplish our goals. If you're interested, please see **Don Mohr, Ann Johnson, or Joe Long.**

## Financial Report

The following shows all offerings collected for the general operating fund, since last reported in the Unigram. The figures do not reflect money collected and passed through to specific funds such as the Capital fund, Hurricane Relief Fund, or TJ District or UUA dues. Per the approved budget for FY05-06, we need a minimum of \$1,958 per week in offerings to sustain our Fellowship.

April 2	\$2748	April 16	\$2147
April 9	\$1679	April 23	\$1401

## UPCOMING EVENTS AND MEETINGS

### Committee Corner

May 2, 6:00	Co-Council
May 3, 7:00	Worship Committee
May 4, 6:00	Finance Committee
May 9, 1:00	Unigram Folders



### September Set

Please join us at 6:00 on Friday April 28, in the Fellowship Hall, for this month's September Set Potluck Dinner! **Marie Huntt**, who has graciously agreed to be the hostess for this month, will be bringing a veggie lasagna. If you know what you'd like to bring, please let Adele know (contact information below). If you don't know ahead of time, please don't let that keep you from attending. In case you've been wondering, everyone is welcome to participate in the September Set dinners. The group was formed several years ago by folks of retirement age, which is how it came to be known as the September Set. Over the years, however, the group has broadened out and now includes folks of a variety of ages. September Set Potluck Dinners are very informal, the food is great; and attending is a good way to get to know your fellow UUs. If you have any questions, please don't hesitate to contact **Adele Scaccia** at xxx-xxxx or [scacciaa@bellsouth.net](mailto:scacciaa@bellsouth.net).

### UU Coffeehouse April 29

Appearing at the UU Saturday night, April 29 will be **Annie Gallup**. Described by Dirty Linen Magazine as, "...the musical daughter of Joni Mitchell and Lou Reed", Annie sprinkles her poetic descriptions of life with edge, flair, and imagination. Well-known in the progressive folk world, Annie is a winner and performer in the strongest venues, including the Winnipeg, Kerrville, Falcon Ridge, Napa Valley, Ann Arbor, and Ottawa folk festivals.

Opening for Annie will be SC talent, **Phyllis Tannerfrye**. As Annie says, "Phyllis Tannerfrye is riveting and visionary".

Tickets are \$12 for adults and \$7 for students at the door, or save \$2 per ticket by leaving your name and the number of tickets you need at 1-888-849-4224 X4.

Hang out with your UU friends and enjoy progressive folk music in the area's best smoke and alcohol free listening room! For more information, visit our website at [www.uucoffeehouse.org](http://www.uucoffeehouse.org).

### Science and Religion Book Group

The Science and Religion Book Group will meet 7 - 9 PM on Thursday, May 11 in the library to discuss **The Mind's I**, Daniel C. Dennett and Douglas Hofstadter, eds. For more information, contact **Ann Johnson**, xxx-xxxx, or **Joe Long**, xxx-xxxx.

## The Women's Book Club of UU

The Women's Book Club of UU will meet **May 16th at 7 p.m.**, instead of May 9th, at the home of Beth Crawford, 3234 Longleaf Road in Heathwood near Eastminster Presbyterian Church. Call Beth at xxx-xxxx for info. or directions. The book for May is South Carolina writer Josephine Humphries' *Dreams of Sleep*, winner of the Hemingway-Faulkner Award for Fiction. All UU women are warmly invited to attend.

## Play Readers Encore

Hero, heroine, or villain- there is a part for you in the UUFC Play Readers Group. If you are interested in getting together to share in reading a variety of plays, come to our meeting on Thursday May 18, at 7.00 in the Library. For more information, contact Jenifer Slater-xxx-xxxx or Ron Edge, xxx-xxxx.

## DISTRICT AND DENOMINATION

### SUUSI 2006 – Rejoice & Renew

SUUSI is the Southeast Unitarian Universalist Summer Institute, convening annually for one week in July to explore our interconnectedness, to learn new ways of seeing our world and each other, to delight in the joys of sharing outdoor adventures, to develop new insights and perspectives. Special programs for Youth,

Teens and Young Adults make it a full experience for all members of the family.

SUUSI will be held at the Virginia Tech campus in Blacksburg, VA, July 16-22. Browse through the catalog of workshops (available in the Social Hall or at [www.suusi.org](http://www.suusi.org).) Register by May 20 for to get a \$50 per person registration discount!

## RELIGIOUS EDUCATION



### Beltane

Volunteers are still needed to help with children's activities for Beltane on May 7. Please contact **Sonya Jones**.

### Parent Meeting

All parents of children and teens in the RE Program are encouraged to attend a meeting immediately following the Bridging Ceremony on May 14. Childcare will be provided. Lunch for participants and children will also be provided. Please plan to attend to learn more about the summer program and the 2007 program.

### RE Graduation Ceremony

Don't miss our annual Bridging Ceremony on May 14. Children and teens in our RE program will celebrate the end of the school year with a special service honoring their achievements and the hard work and dedication of our program volunteers. For more information, please contact **Barbie Seymour** xxx-xxxx.

### Important RE Committee Meeting

Sunday, May 21 at 9:30 in the RE Wing. We will be finalizing our plans for the Summer Program and discussing other topics important to our children and our congregation. Everyone is welcome. For more information, please contact **Barbie Seymour** at xxx-xxxx.

The Unitarian  
Universalist Fellowship  
of Columbia  
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Columbia, SC 29205

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**How to Reach Us** Fellowship Office (803) 799-0845

Office Hours: Mon, Tues, Thurs, Fri 10:30 – 3:00

**E-mail:** [UUFC@bigfoot.com](mailto:UUFC@bigfoot.com)

**FAX:** (815) 550-4740

**Web Page:** [www.uu.columbia.sc.uua.org](http://www.uu.columbia.sc.uua.org)

**Special Events Line:** (888) 849-4224 ext.4

**The Mission of our Fellowship is:**

- To nurture and respect each other in our spiritual growth and pursuit of meaning,
- To create a welcoming and engaging environment through which we work for positive change in our community and the world.

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**Unigram Deadline**

The e-mail deadline for the next Unigram is **5:00 p.m., May 7.**

Please submit articles and announcements for the next issue to Isabel Oake

at [UUFC@bigfoot.com](mailto:UUFC@bigfoot.com)

with a copy to [iioake@hotmail.com](mailto:iioake@hotmail.com)

Typed or neatly handwritten copy must be received in the office by 12:15 p.m. the same day.